



Marlborough Education Foundation's

3rd Annual

Spring Thaw



5K Road Race & 2.5K Fun Walk

Presented by the Marlborough Education Foundation

www.mefonline.org

Supported by the Highland City Striders

www.highlandcitystriders.org

Starts Rain or Shine: Sunday, April 29, 2018 at 10:00 AM

Registration: opens 8:00 AM

Starts & Ends: 1LT Charles W. Whitcomb Middle School

25 Union Street, Marlborough – Lower Entrance; see mefonline.org for map

Course: 5K Road Race is 2 loops of - around the Middle School, down to the High School & back, the 2.5K Fun Walk is only once around the course

Awards: Top 3 Male & Female and age brackets

Entry Fee: \$25 includes short sleeve shirt if registered by April 21th (\$15 for teachers & students under 18 with school id), \$30/\$20 on race day, respectively

Amenities: Water stations, Restrooms, Finish line - light snacks and drinks

Questions: Email Michael Brossi at michael@brossters.org

Make checks payable to: Marlborough Education Foundation, Inc. (or MEF)

Mail form and check to: Marlborough Education Foundation, Inc.

P.O. Box 5824

Marlborough, MA 01752

Name (print): _____

Sex: F M Student/Teach. Fun walk

Address: _____

City: _____ State: _____ Zip: _____

Email: _____

T-Shirt Size: Y S M L XL

(Email is for race information only and will not be shared)

Emergency contact: _____

Emergency phone #: _____

Please enter me in the Marlborough Education Foundation's (MEF) Fun 5K Thaw Road Race. I agree to assume all responsibility for all risk of damage or injury to me and/or my child under 18 as a participant in this event. In consideration of being accepted as an entrant, I hereby, for myself, my heirs, executors and administrators, release and discharge MEF, the RRCA, the Highland City Striders, the City of Marlborough, and any and all other individuals, entities, and organizations associated with the race from all claims, damages, rights of action, present or future, whether the same be known, anticipated, resulting from or arising out of, or in incident to, my participation in this event. I hereby certify that I will not participate in the Fun 5K Thaw Road Race unless I am physically fit and sufficiently trained for competition in the race. I also grant permission for the use of my name and or picture in any broadcast, photograph, or other account of this race. I understand that bicycles, skateboards, baby joggers, strollers, roller skates or blades, animals, or headsets are not allowed in the race and I abide by this guideline.

Signature (required): _____

Age on Day of Race: _____

Parent or Guardian Signature Required if under 18 years of age